

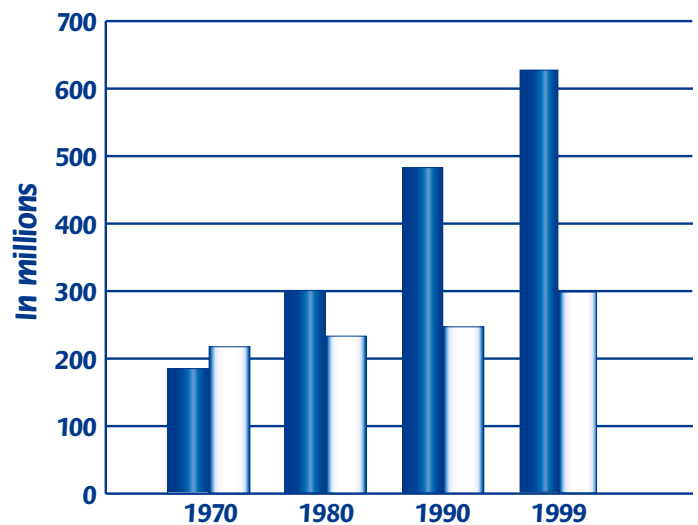
Reduce the risks for Economy Class Syndrome during air travel...

- Stay hydrated. Avoid alcohol and beverages with caffeine.
- Get up and walk around the plane every hour.
- Wear loose-fitting, non-restrictive clothing.
- Flex and stretch your legs to improve blood flow when restricted to your seat.
- Ask your physician if you are predisposed to any risk factors for DVT.
- Wear gradient compression hosiery.



Increase in U.S. Air Travel

As the U.S. population has increased by 39% from 1970 to 1999, passenger air travel has increased by a startling 274%.



| | | | | |
|------------------------------|-----|-------|-------|-------|
| ■ Number of U.S. passengers* | 170 | 296.9 | 465.6 | 635.4 |
| ■ U.S. population* | 205 | 227 | 249 | 285 |

*In millions

Source: Air Transportation Association of America, Inc.